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'This book is a remarkable achievement. The authors draw on over two decades of intimate involvement with sexuality research to paint a vivid picture of the diverse sexual lives of adolescents. They powerfully demonstrate that despite the complexities brought by the digital revolution, the search for identity and intimacy remains a timeless and fundamental quest for young people everywhere.'

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Sexuality in Adolescence

The digital generation

By Meredith Temple-Smith, Susan Moore, Doreen Rosenthal

Sexuality in Adolescence: The Digital Generation provides a comprehensive and up-to-date overview of research and theory about adolescent sexuality in today's world. The book examines biological, social and health-related approaches and reviews qualitative and quantitative research from psychology, sociology, epidemiology and medicine, emphasising the interplay between perspectives and privileging the voices of young people as they discuss the joys and pains of sexual awakening. The focus is on understanding healthy sexual development and its many variations, but problems and issues arising as young people make their journey to adult sexuality are also considered.

The book presents global research on many key issues of our time, including the impact of media and technology on adolescent sexuality, changes in adolescent sexual behaviors and beliefs, sexual risk taking, sex education, and teen pregnancy and abortion. This fully revised and updated third edition of *Sexuality in Adolescence* also addresses the crucial issues of sexual diversity, sexual safety and sexual communication, including coercion, peer pressure and double standards.

In *Sexuality in Adolescence: The Digital Generation*, the authors aim to promote sexual wellbeing, and argue for the importance of the adolescent period as a time for engendering healthy sexual attitudes and practices. This book will be valuable reading for students in the social, behavioural and health sciences who are interested in adolescent development and the topic of sexuality, as well as for professionals working with young people and families.

Meredith Temple-Smith is an Associate Professor and a Director of Research Training in the Melbourne Medical School at The University of Melbourne, Australia.

Susan Moore is Emeritus Professor of Psychology at Swinburne University, Melbourne, Australia, and Fellow of the Australian Psychological Society.

Doreen Rosenthal was Founding Director of the Australian Research Centre in Sex, Health and Society and is Emeritus Professor in the Melbourne School of Population Health at The University of Melbourne, Australia.

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